



Permanency Core Training Resources

The state of Nebraska requires that you complete training in each of the 16 competency areas below. Under each competency heading, we've provided a suggested training link.

If you have any questions, please contact Amber Koehler, Permanency Support Specialist, at amber.koehler@chne.org.

1. Attachment and bonding Issues
[Preparing yourself for Adoption \(1.5 hours\)](#)
2. Loss and Grief
[Rupture & Repair \(1 hour\)](#)
3. Adoption as a lifelong Issue
[Preparing yourself for adoption. \(1.5 hours\)](#)
4. Key concepts of child growth and development
[The Talks, Talking Sex with Your Kids \(3 hours\)](#)
5. Boundary setting and discipline
[Not your daddy's discipline \(1.5 hours\)](#)
6. Parenting a child of a different culture or racial background
[Adult Transracial Adoptees Teach us about adoption \(1 hour\)](#)
7. Disclosure issues, including the accuracy of family history information regarding the child and birth parents' family
[Life Story, Birth Story, and Adoption Story \(1 hour\)](#)
8. Adoption laws and procedures, including termination of parental rights
[Read articles and complete learning summaries \(1 hour\)](#)



9. On-going contact and communication of a child and adoptive family with biological family and significant individuals
[Relationships Matter \(1 hour\)](#)
10. Current community resources that provide ongoing support and parenting techniques
[The Importance of Living in Community \(1 hour\)](#)
11. Medical and health issues including, but not limited to, shaken baby syndrome, parental substance abuse, relevant environmental issues, and genetic risk factors
[Intro to FASD & the Neurobehavioral Model \(2 hours\)](#)
12. Expectations of adoption and adoptive process
[Common feelings associated with being adopted \(1 hour\)](#)
13. Supervision appropriate for the age of the child
[Social Media and Internet Safety \(1.5 hours\)](#)
14. Parenting a child who has been abused and neglected
[The Purpose Behind the Behavior \(.5 hours\)](#)
15. Parenting a physically, mentally, developmentally, or emotionally delayed child
[The 4 R's of Educational Advocacy \(1 hour\)](#)
16. The impact of frequent moves and multiple caregivers on the development of the child
[Building Children's Resilience \(1 hour\)](#)